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Boston Chicken & KFC Rotisserie Style Chicken

Serving Size : 4

1/4 c Oil

1 tb Honey

1 tb Lime juice

1/4 ts Paprika

Season salt

4 Chicken breast halves with skin

Mix all ingredients well in saucepan and warm just to

melt honey. Arrange 4 chicken breast halves, skin-side-up

in a square baking dish or pan, sprayed with Pam.

Bake uncovered at 400~ about 35 to 40 minutes, basting

chicken without turning them, 3 or 4 times during baking

or until nicely browned.

Immediately upon removing from oven,
seal baking dish

tightly in foil and let stand 15 to 20
minutes before

serving.